

INSTITUTIONAL EXCELLENCE PROFILE

Prof. Vipul Vyas, Ph.D.

Empowering the Architects of the Nation

Bridging the precision of modern science
with NEP-aligned academic evolution.



www.drvipulvyas.com



Education must evolve from Knowledge Delivery Centers to Human Evolution Institutions.

The Relevance Gap in Modern Education

Your curriculum is world-class, yet institutional friction is rising.

Academia today is squeezed between -

- AI disruption,
- an anxious Gen-Z demographic facing a mental health crisis,
- placement paradox and
- profound faculty fatigue.

The real challenge is no longer academic content—it is the institutional inner-architecture required to sustain rankings, research, and reputation.

UNICEF Global Study (2025)

“6 in 10 Gen Z individuals globally report feeling overwhelmed by current events and future uncertainty.”

Elevate Your Institutional Index

Institutions engaging Campus Wellbeing™ transform faculty development from a procedural obligation into strategic institutional value.

The Outcomes

- ◆ Improved NAAC/NIRF teaching and learning indicators.
- ◆ Strengthened classroom connection & student focus.
- ◆ Reduced faculty burnout and departmental friction.
- ◆ Enhanced graduate employability readiness.
- ◆ Higher faculty engagement, collaboration & satisfaction
- ◆ Stronger resilience and student focus on campus

Trusted by

Institutions/Bodies Committed to Excellence

IIT Madras | BITS Pilani | NIT Warangal | SVNIT Surat | IRMA Anand |
DIAT Pune | GPREC Kurnool | KJ SOMAIYA Mumbai | PESCE Mandya

Student Feedback Score for the **Essential of Life Management**

(ELM) course at the prestigious IRMA: **4.8/5**

 **4.9**
Nearly 1000 Reviews ★★★★★

“Designed as an institutional capability-building architecture

— not a conventional training intervention.”

Institutional Insight. Not External Consultancy.

Prof. Vyas understands institutional realities because he has lived them - as an academician, researcher, educator, and mentor across diverse higher education ecosystems.

Ph.D.

In Emotional Intelligence (2005)

25+

Years Academic Experience

6000+

Professors Trained

50+

Universities/Institutes Served

Trusted by institutions committed not only to academic excellence,
but to shaping emotionally resilient, future-ready human beings.

How We Engineer Sustainable Change

Aligned with the age of AI, NEP 2020 and global Future-of-Work research (WEF, UNESCO), Campus Wellbeing™ strengthens institutions across three integrated level developmental framework:

Level 1

Inner Alignment

(Spiritual Intelligence)

The workplace becomes a platform of spiritual journey, not exhaustion.

Institutional Outcome:

Resilient educators.

Sustained motivation.

Research clarity.

Level 2

Human Connection

(Emotional Intelligence)

Faculty engage with trust rather than authority or departmental-silos.

Institutional Outcome:

Motivating classrooms.

Stronger engagement.

Collaborative culture.

Level 3

Responsible Contribution

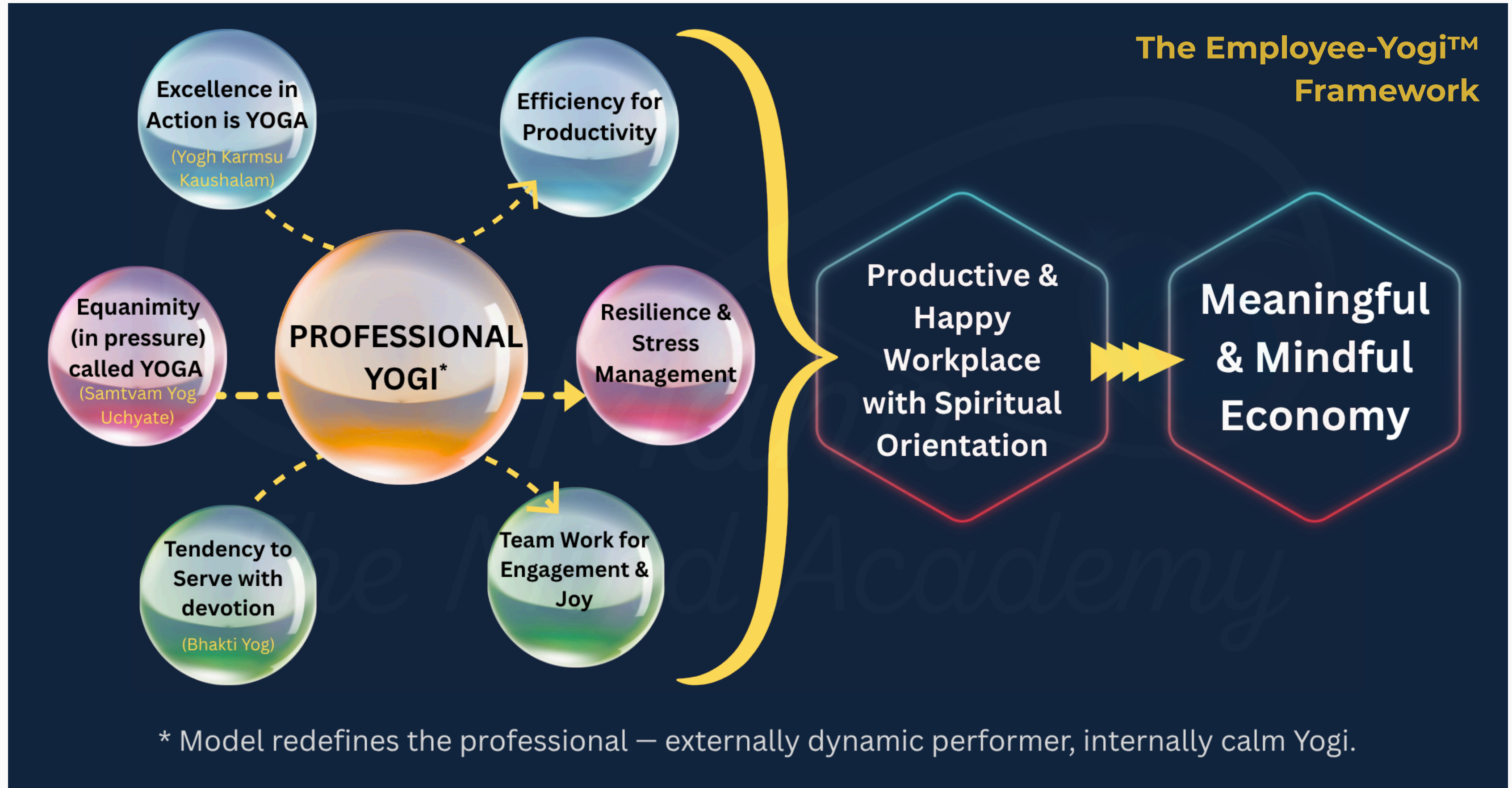
(AI-Aware & Future-Ready Teaching)

Educators surpass mandatory duties, to lead the charge in nation-building.

Institutional Outcome:

Graduates' employment-ready, with enlightened citizenship.

Integrating Modern Behavioural Science with Timeless Human Wisdom



A Research-Informed Sustainable Human Performance System

Life-Reset Mastery

30 bite-sized episodes curated into 6 transformational mini-courses (each exclusive, yet seamlessly integrated)

PILLAR 1 — Unstoppable Mindset Mastery

- 1: Crush Self-Doubt
- 2: Own Your Morning
- 3: Think Again
- 4: Silence the Noise
- 5: See Your Future

PILLAR 2 — Energy Reset System

- 6: Sleep Like a Pro
- 7: Eat for Prana (Energy)
- 8: Mastering Urges
- 9: The Sacred Boundary
- 10: Digital Detox Challenge

PILLAR 3 — Emotional Fortress Method

- 11: Breaking the Anxiety Loop
- 12: Scientific Stress Reduction
- 13: Criticism to Confidence
- 14: Daily Resilience Rituals
- 15: Emotional Maturity

PILLAR 4 — Productivity Empire Blueprint

- 16: Focus Mastery
- 17: End Productivity Shame
- 18: Science of Manifestation
- 19: Eat That Frog
- 20: Passive Income 101

PILLAR 5 — Magnetic Connections Masterplan

- 21: The First 7 Seconds
- 22: Power Networking
- 23: Empathy First
- 24: Online Charisma
- 25: The Influence Equation

PILLAR 6 — Ultimate Fulfillment Framework

- 26: Find Your Why (Dharma)
- 27: The Quiet Mind
- 28: Live Your Values
- 29: The Ripple Effect
- 30: Living Legacy

FINAL DESTINATION:
A Life of Purpose, Energy, Emotional Balance, Productivity, Love, and Fulfillment

STARTING POINT:

Feeling stuck, overwhelmed, distracted, and emotionally drained.



Faculty Development Programs

Duration: 1 - 2 - 3 Days

PERSONAL MASTERY & RESEARCH FLOW

Modules:

- Stress-Proofing the Academic
- Expediting Deep Research
- Re-igniting the Teaching Nobility
- Karmchari to Karmyogi
- Mitigating the "Publish or Perish" pressure

EMOTIONAL INTELLIGENCE FOR CAMPUS

Modules:

- Emotional Literacy Program
- Decoding Gen-Z psychology
- Compassionate Authority in Classroom
- Mental Health First-Aid
- Emotional & Soiritual Intelligence development & Application

THE FUTURE-READY EDUCATOR

Modules:

- The Human Advantage in AI Era
- AI-integrated pedagogy
- Holistic, Multidisciplinary and Nation Building Education
- Designing Executive Education
- Corporate Training Frameworks

Maximize your learning with our 2-3 day FDP, featuring an exclusive workshop activity manual and 45 days of dedicated support to ensure seamless integration into your daily routine.

The Pedagogy & Toolkits

Tailored, research-backed delivery mechanisms for attitudinal shifts.

⦿ **Experiential Learning**
Immersive activities designed for deep attitudinal transformation.

⌘ **Competency Demos**
Practical, real-time demonstrations of Emotional & Spiritual Intelligence.

▶ **Cinematic Analysis**
Detailed psychological breakdowns using real-life examples and movie clips.

⦿ **Bias-Free Self-Enquiry**
Intense, guided self-reflection to dismantle cognitive bottlenecks.

▣ **Simulated Reality**
Advanced management games, role-play, and complex case studies.

--> **Action Mapping**
Data-driven self-assessment tests paired with customized improvement plans.



Tailored to your needs

Our modules and tools are time-tested and well researched.

However, we would customize it to match it with client's training needs to make it more relevant and effective.

THE IMPACT



The overall feedback we received was extremely positive.

The sessions were described as very informative, well-received, and adding significant value to our training program.

Prof. Sailaja Kumari
Head, TLC, NIT Warangal



The feedback from the participating principals was overwhelmingly positive.

Many described the experience as insightful and transformative.

Prof. Shibani Jha
Head, TLC, BITS Pilani



We were particularly delighted to learn that the sessions received an overwhelmingly positive feedback score of 4.7 out of 5, reflecting the profound impact of your teachings on our team.

Prof. Balasubramanian K.
Dean, Academics, DIAT, Pune

Transformation in Action



Transformation in Action



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Research & Scientific Foundations



NCRB data shows student suicides in India have risen by **65%** in the last decade, with increasing concern across IITs, IIMs and universities and college campuses.

Research across neuroscience, behavioural science, and contemplative studies now confirms that sustainable performance requires more than intellectual capability alone.

Institutions that thrive in the future will intentionally cultivate:

- human wellbeing,
- emotional resilience,
- inner stability,
- self-awareness, and
- purpose-driven leadership.

*The Mind Academy's framework of **Campus Wellbeing™** integrates Emotional & Spiritual Intelligence with modern behavioural science to build healthier, future-ready educational ecosystems.*

Engagement Formats

Designed for institutions seeking more than conventional training interventions.

Campus Wellbeing™ engagements are tailored across:

- Faculty Development Programs (FDPs)
- Admin Development Programs (ADPs)
- Leadership & Executive Retreats
- Student Induction Workshops/Keynotes
- Credit-Based “Essentials of Life Management” Course
- Research & Wellbeing Workshops
- AI-Era Human Skills Interventions
- Institutional Advisory Collaborations

Each engagement is customized to align with institutional culture, academic priorities, and long-term human development outcomes.

Commitment to Institutional Excellence



OUR COMMITMENT

- Research-backed, context-sensitive interventions
- Experiential and high-engagement delivery
- Measurable participant feedback systems
- Post-session guidance and implementation support



THE PILLARS OF DELIVERY

- **Honesty:** Being truthful & frank.
- **Excellence:** Relentless quality in every action.
- **Equanimity:** Composed and focused cognitive execution.
- **Service:** Being responsible to others.

Our objective is to help institutions cultivate emotionally resilient and future-ready educational ecosystems.

NEP Aligned “Education Beyond Employability”

STUDENT INDUCTION KEYNOTES

Format:

- Half or Full-Day immersive sessions
- Engaging Group Activities
- Pre-Training Emotional Health Assessment

Detail:

Designed for incoming batches.

Focuses on overcoming peer pressure, building digital discipline, and resetting self-limiting beliefs to prepare them for rigorous academic life.

ESSENTIALS OF LIFE MANAGEMENT (ELM)

Format:

- 30 Hours
- 2 Credits
- NEP Mandated Regular / Add-On Course

Detail:

A comprehensive, plug-and-play life skills curriculum.

Provides antidotes to screen addiction and anxiety, building emotional resilience under failure.

Delivered experientially to ensure life-long impact.

Why High Performers Collapse

Today's greatest challenge is not intelligence, but sustaining inner stability under continuous pressure.

Across leadership, academia, and high-performance environments, people increasingly experience -

- cognitive overload,
- emotional fragmentation,
- achievement without fulfillment, and
- success without inner balance.

Emotional & Spiritual Intelligence are no longer optional ideals — but essential foundations for sustainable performance, meaningful leadership, and human well-being.

These assessments are “Goldstandard” Toolkits synthesizing rigorous Western Psychometrics with the deepest Eastern Wisdom.



Know your EQ

Know your SQ



The Future of Leadership Is Inner Engineering

In an age of accelerating intelligence, the greatest advantage will not be knowledge alone — but emotional clarity, inner stability, and conscious leadership.

*True transformation begins
when performance is no longer driven only by pressure,
but anchored in awareness, meaning, and inner balance.*

For institutional collaborations & private mentoring.

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