

EXECUTIVE PROFILE SNAPSHOT

Dr. Vipul Vyas, Ph.D.

Architect of
Emotional & Spiritual Intelligence Framework

*Bridging the precision of Modern Behavioural Science with
the depth of Ancient Wisdom. Trusted by India's Institutions
of National Importance.*



www.drvipulvyas.com



Why High Performers Collapse

Today's greatest challenge is not intelligence, but sustaining inner stability under continuous pressure.

Across leadership, academia, and high-performance environments, people increasingly experience -

- cognitive overload,
- emotional fragmentation,
- achievement without fulfillment, and
- success without inner balance.

Emotional & Spiritual Intelligence are no longer optional ideals — but essential foundations for sustainable performance, meaningful leadership, and human well-being.

These assessments are “Goldstandard” Toolkits synthesizing rigorous Western Psychometrics with the deepest Eastern Wisdom.



Executive Self-Assessment
EQ

Executive Self-Assessment
SQ



The "Missing Link" in Sustained Performance

Modern success often creates external achievement while silently weakening inner stability. For over two decades, Dr. Vipul Vyas has proven to the nation's top institutions that while Emotional Intelligence improves workplace dynamics, it is Spiritual Intelligence that anchors meaning and resilience.



Performance collapses
when emotional regulation
fails.

Inner stability must always
precede outward scale.

The Employee-Yogi™ Framework

This integration birthed The Mind Academy's proprietary Employee-Yogi™ philosophy—a leadership framework designed to create professionals who are externally dynamic, yet internally composed. The objective is not merely productivity, but sustainable excellence. Not only professional success with emotional maturity, but spiritual growth.

THE METRICS OF CONTRIBUTION



25+

Years of Advisory Experience

35+

Cities Across India

125+

Fortune-Level Organizations

50+

Universities & Institutes

11,000+

Professionals Trained

4.6/5

Avg. Executive Satisfaction Score

Trusted at the Highest Levels of Leadership

Partnering with organizations where human performance directly impacts national capability, leadership effectiveness, and institutional excellence.

SELECT CORPORATE PARTNERS

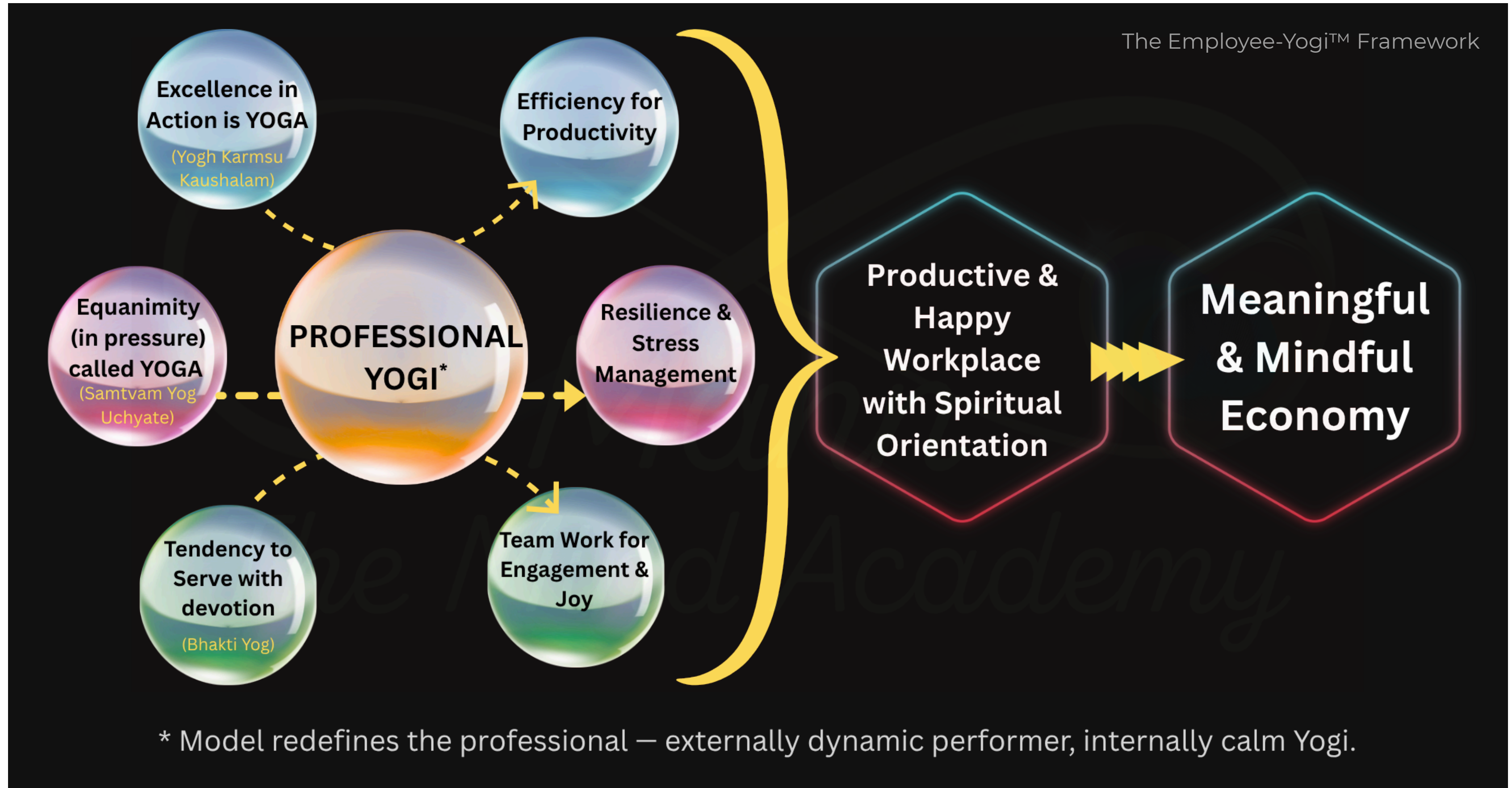
Amul



INSTITUTIONS OF NATIONAL IMPORTANCE



Integrating Modern Behavioural Science with Timeless Human Wisdom



How We Engineer Sustainable Change

Unlike conventional motivational training, we focus on measurable internal transformation.

1 Strategic Diagnosis:

Pre-training surveys to identify precise behavioral and organizational requirements.

2 Customized Intervention:

Tailored learning architecture aligned with specific leadership challenges.

3 Experiential Delivery:

Interactive workshops, leadership simulations, self-enquiry tools and immersive engagement

4 The 45-Day Behavioral Reinforcement Protocol:

A structured post-training model including reflection assignments and guided application support to ensure habits stick.

5 Long-Term Integration:

Refresher mechanisms to ensure sustainable implementation and ROI.

The Pedagogy & Toolkits

Tailored, research-backed delivery mechanisms for attitudinal shifts.

⦿ **Experiential Learning**
Immersive activities designed for deep attitudinal transformation.

⌘ **Competency Demos**
Practical, real-time demonstrations of Emotional & Spiritual Intelligence.

▶ **Cinematic Analysis**
Detailed psychological breakdowns using real-life examples and movie clips.

⦿ **Bias-Free Self-Enquiry**
Intense, guided self-reflection to dismantle cognitive bottlenecks.

📁 **Simulated Reality**
Advanced management games, role-play, and complex case studies.

--> **Action Mapping**
Data-driven self-assessment tests paired with customized improvement plans.



Tailored to your needs

Our modules and tools are time-tested and well researched.

However, we would customize modules and tools depending on the clients training needs to make it more relevant and effective.

The ESI Architecture

THE PRIMER

1-Day Intervention

Fundamentals of Emotional Intelligence. Covering 4 core modules:

- Self Awareness,
- Self Management,
- Empathy, and
- Relationship Management

THE FOUNDATION

2-Day MDP

7 Essential Modules. Includes: **Primer** + Communication Excellence, Self-Motivation, and Corporate Stress Management for uncompromised well-being, health, and peace of mind.

THE ACCELERATOR

3-Day MDP

10 Advanced Modules. Includes: **Foundation** + Time Architecture, Healthy Lifestyle Mapping, and Work-Life Integration for apex professional effectiveness.

THE MASTERY

5-Day ELM Protocol

15 Comprehensive Modules. The ultimate life skill course - Essentials of Life Management (ELM) Includes: **Accelerator** + Design Thinking, Leadership Skills, Practical Spirituality, Easy Meditation & Simple Pranayama, Happiness Attitude, and Deep Mind Re-programming.

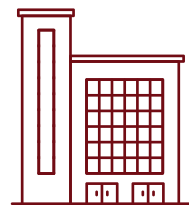
ESI - Emotional & Spiritual Intelligence

All MDPs can be split into half-day sessions to accommodate employee and organizational schedules.

Full list of the program toolkit is available on the website. All engagements are designed contextually. No standardized slide decks.

High-Impact Keynotes:
(60-90 mins) For leadership summits and conclaves.

PATHWAYS OF TRANSFORMATION



CORPORATE EXCELLENCE

Strategic interventions for Fortune 500s & MSMEs.

We engineer workplace culture, reduce leadership burnout, and build emotionally intelligent teams that execute with precision.



CAMPUS WELLBEING

Empowering the builders of the nation.

We partner with apex universities to deliver high-impact Faculty Development Programs (FDP) and Student Life-Skill Toolkits.



INDIVIDUAL TRANSFORMATION

The Life Reset™ Protocol.
For high-performing individuals who feel internally stuck.

A highly exclusive, private mentoring protocol to redesign habits and repair cognitive burnout.

A Performance Commitment Rare in the Industry

The 4.0+ Performance Guarantee

We are the only corporate training firm in India to offer 4+ feedback guarantee on a scale of 5.

If the executive participants rate our intervention below 4.0, we completely waive our facilitation fee.





MISSION

To facilitate a **Yogi-mindset** by nurturing discipline, excellence & service-focused intentions to amplify high-performance goals.

THE PILLARS OF DELIVERY

- **Honesty:**
Being truthful & frank.
- **Excellence:**
Relentless quality in every action.
- **Equanimity:**
Composed and focused cognitive execution.
- **Service:**
Being responsible to others.

THE IMPACT

“

Very good learning & and highly inspiring experience.

**S. Pandian, Director,
Satish Dhawan Space Centre, ISRO**

“

An outstanding rating of 4.6 out of 5 was given by the scientists.

**BHVS Narayana Murthy
AS and Director General, DRDO**

“

The feedback was 'Commendable & Excellent'.

**Shyam Iyer, Head, HR,
TATA Power SED**

“

Dr. Vipul Vyas is highly energetic, knowledgeable and expert.

I am recharged from within.

Amit Vyas, MD, Amul

“

The workshop has opened up a new realization on how EQ is more vital than IQ

**Neville H Wankadiaa, Senior General
Manager (Service), Godrej**

“

Subject expertise of Dr. Vyas was exceedingly cherished by everyone.

**Sunil Desai, Head, HR,
Zydus Takeda Healthcare**

Transformation in Action



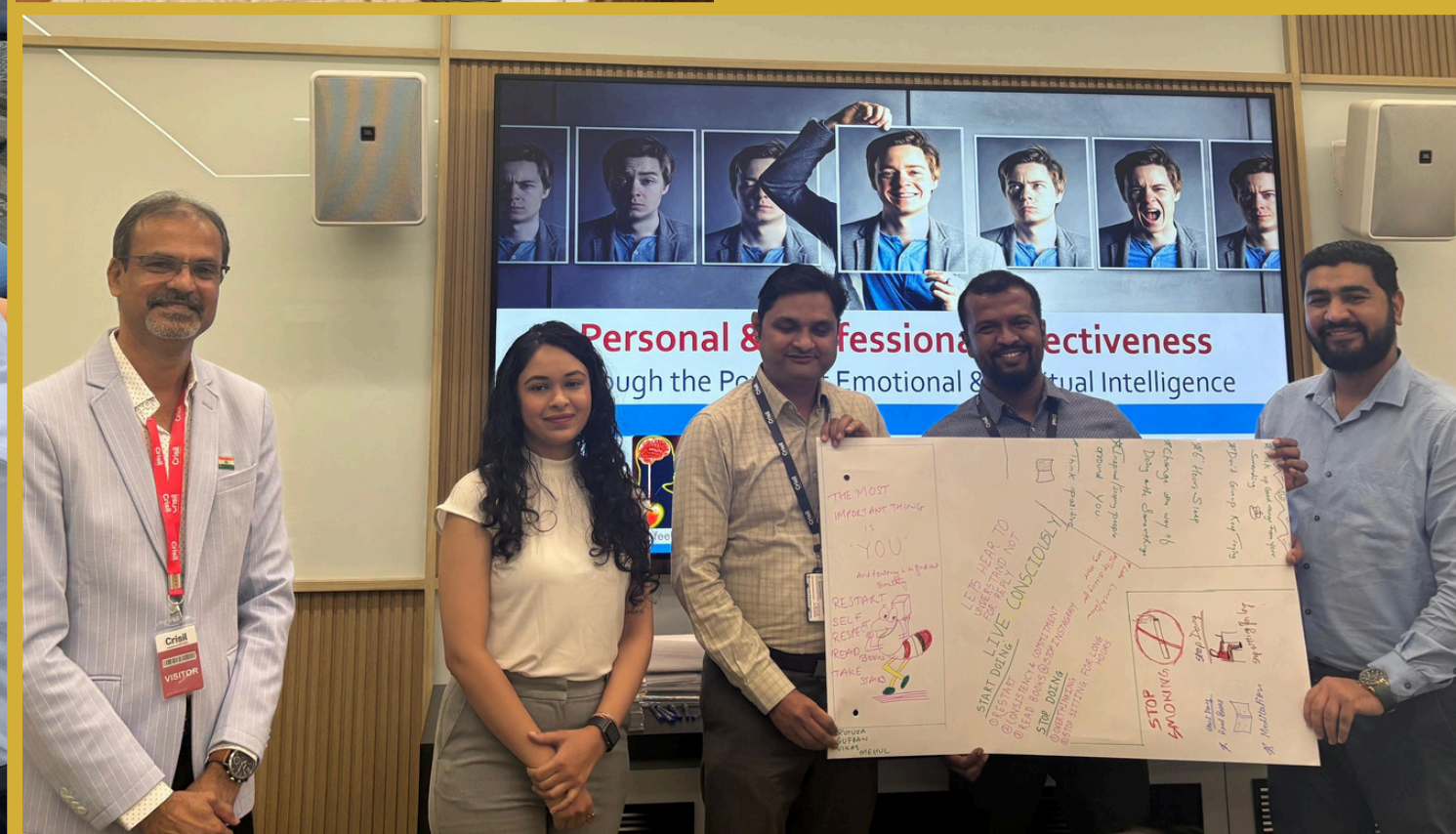
Transformation in Action



Transformation in Action



Transformation in Action



Transformation in Action



A Research-Informed Sustainable Human Performance System

Life-Reset Mastery

30 bite-sized episodes curated into 6 transformational mini-courses (each exclusive, yet seamlessly integrated)

PILLAR 1 – Unstoppable Mindset Mastery

- 1: Crush Self-Doubt
- 2: Own Your Morning
- 3: Think Again
- 4: Silence the Noise
- 5: See Your Future

PILLAR 2 – Energy Reset System

- 6: Sleep Like a Pro
- 7: Eat for Prana (Energy)
- 8: Mastering Urges
- 9: The Sacred Boundary
- 10: Digital Detox Challenge

PILLAR 3 – Emotional Fortress Method

- 11: Breaking the Anxiety Loop
- 12: Scientific Stress Reduction
- 13: Criticism to Confidence
- 14: Daily Resilience Rituals
- 15: Emotional Maturity

PILLAR 4 – Productivity Empire Blueprint

- 16: Focus Mastery
- 17: End Productivity Shame
- 18: Science of Manifestation
- 19: Eat That Frog
- 20: Passive Income 101

PILLAR 5 – Magnetic Connections Masterplan

- 21: The First 7 Seconds
- 22: Power Networking
- 23: Empathy First
- 24: Online Charisma
- 25: The Influence Equation

PILLAR 6 – Ultimate Fulfillment Framework

- 26: Find Your Why (Dharma)
- 27: The Quiet Mind
- 28: Live Your Values
- 29: The Ripple Effect
- 30: Living Legacy

FINAL DESTINATION:
A Life of Purpose, Energy, Emotional Balance, Productivity, Love, and Fulfillment

STARTING POINT:

Feeling stuck, overwhelmed, distracted, and emotionally drained.



The Future of Leadership Is Inner Engineering

In an age of accelerating intelligence, the greatest advantage will not be knowledge alone — but emotional clarity, inner stability, and conscious leadership.

*True transformation begins
when performance is no longer driven only by pressure,
but anchored in awareness, meaning, and inner balance.*

Available for institutional collaborations, keynote engagements, leadership interventions, and select private advisory.

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